

# Social immunity: why we should study its nature, evolution and functions across all social systems

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### 1 Social immunity: Why we should study its nature, evolution and

### 2 functions across all social systems

- 3 Short title: The group-living framework of social immunity
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# 11 Highlights

12	•	Social immunity offers protection against pathogens in group living species
13	•	Mostly studied in eusocial insects, it can be found in many social systems
14	•	Studying its presence in more non-eusocial systems would provide major benefits
15	•	It would help deciphering evolutionary pathways of individual and social immunity
16	•	It would help better understanding the roles of pathogens in social evolution

#### 17 Abstract

18 Mounting defences against pathogens is a necessity for all animals. Although these defences have long 19 been known to rely on individual processes such as the immune system, recent studies have 20 emphasized the importance of social defences for group-living hosts. These defences, called social 21 immunity, have been mostly studied in eusocial insects such as bees, termites and ants, and include, 22 for instance, mutual cleaning and waste management. Over the last few years, however, a growing 23 number of works called for a broader exploration of social immunity in non-eusocial species. In this 24 review, we summarise the rationales of this call and examine why it may provide major insights into 25 our current understanding of the role of pathogens in social evolution. We start by presenting the 26 original conceptual framework of social immunity developed in eusocial insects and shed light on its 27 importance in highly derived social systems. We then clarify three major misconceptions possibly 28 fostered by this original framework and demonstrate why they made necessary the shift toward a 29 broader definition of social immunity. Because a broader definition still needs boundaries, we finally 30 present three criteria to discriminate what is a form of social immunity, from what is not. Overall, we 31 argue that studying social immunity across social systems does not only provide novel insights into 32 how pathogens affect the evolution of eusociality, but also of the emergence and maintenance of 33 social life from a solitary state. Moreover, this broader approach offers new scopes to disentangle the common and specific anti-pathogen defences developed by eusocial and non-eusocial hosts, and to 34 better understand the dependent and independent evolutionary drivers of social and individual 35 36 immunity.

37

#### 38 Introduction

39 During its life cycle, every animal encounters large numbers of pathogens such as viruses, protozoans, 40 bacteria, helminths and fungi [1]. Pathogen infections often have dramatic consequences in a host, 41 ranging from premature death to the modification of a broad set of fitness-related physiological, 42 morphological and behavioural traits [2]. To limit the costs of pathogen infection, hosts have thus 43 developed a multitude of defences encompassed in the term individual immunity [2-4]. In insects, 44 these defences typically rely on physiological changes limiting pathogen development into the host 45 body (i.e. immune system) [2,5] and on behavioural processes reducing the risk of pathogen exposure 46 and infection, for instance, by prophylactively or therapeutically consuming food sources with anti-47 pathogenic properties, a process called self-medication [4].

48 Over the last decades, a growing number of studies has revealed that protection against 49 pathogens may not only rely on the defences exhibited by the host itself, but also on defences 50 generated by its surrounding relatives [6–8]. Textbook examples of this social immunity typically come 51 from eusocial insects such as bees, ants and termites (Figure 1) [6,8–10]. One of these examples is 52 allo-grooming, a behaviour frequently reported in eusocial insects, during which workers groom each 53 other to remove the pathogens present on the cuticle [11]. Another example encompasses sanitary 54 behaviours, during which workers remove food waste and/or cadavers from their colony to prevent 55 the development of microbial pathogens, as found in many bees, ants and termites [12–15]. Social 56 immunity can also be illustrated by social isolation, during which infected individuals leave their colony 57 [16,17] or reduce contacts to the brood [18,19] to limit the transfer of pathogens to colony members. 58 Finally, ant and termite workers frequently use self-produced secretions to sanitize the nest walls 59 and/or the brood [20–22], which is also a common form of social immunity (for an exhaustive list of all the classical forms of social immunity, please refer to [6,8]). 60

61 The discovery of social immunity rapidly led to major advances in our understanding of why 62 and how eusocial insects are efficiently protected against pathogens [6,9,23]. It also gave rise to two 63 evolutionary scenarios on the role of social immunity in the evolution of group living. The first scenario 64 posited that social immunity is a phenomenon that has secondarily derived from eusocial systems and thus only plays a role in the consolidation of complex, permanent and obligatory forms of group living 65 66 exhibiting reproductive division of labour (thereafter called the *eusocial framework*) [6,24,25]. The 67 other (more recent) scenario postulates that social immunity is an ancestral phenomenon that can be 68 found in many forms of group living and thus, that social immunity also plays a key role in the early 69 emergence and maintenance of group living from a solitary state (thereafter called the group-living 70 framework) [7,8].

71 In this study, we review recent empirical data across eusocial and non-eusocial (i.e. group 72 living species that do not exhibit a eusocial organisation) insects to emphasize why it is now time to 73 study the nature, evolution and functions of social immunity across all social systems. Specifically, we 74 first present the origin and implications of the eusocial framework in our current understanding of 75 anti-pathogen defences in eusocial insects. We then discuss the rationales of the recent call for a 76 switch from a eusocial to a group living framework by shedding light on three major misconceptions 77 that can be fostered by the eusocial framework. In a final part, we stress that understanding social 78 immunity requires boundaries in its definition and thus propose a newly defined group-living 79 framework detailing three criteria that could allow discriminating what is a form of social immunity, 80 from what is not. Overall, we argue that expanding the number of studies on social immunity in a 81 broad taxonomical spectrum of non-eusocial species would provide novel major insights into our 82 general understanding of the common and specific solutions developed by each type of social host to 83 counteract infections and thus, into the role of pathogens in social evolution.

#### 84 The eusocial framework of social immunity

The eusocial framework of social immunity emerged at the beginning of the 21<sup>th</sup> century as the result of works conducted by researchers investigating how eusocial insects limit the inherently high risks of

87 pathogen exposure and transmission between colony members [6,9,10,26]. The central idea of this 88 framework is that social immunity mimics the individual immunity of multicellular organisms when 89 the unit of selection has shifted from the individual to the colony [23,27]. In other words, social 90 immunity has "evolved in convergence with individual immunity to protect the entire reproductive 91 entity (i.e. the superorganism, [28]) and maximize its fitness" [25]. Three examples typically illustrate 92 this parallel between personal and social immunity in eusocial insects. First, wood ants, honeybees 93 and stingless bees collect and incorporate plant resin with antimicrobial properties into their nests to 94 limit the development of microbial pathogens [29-31], a process mimicking individuals' self-95 medication process to fight an infection [32]. Second, honeybee workers can fan their wings 96 simultaneously to increase the temperature of their hive and thereby eliminate heat-sensitive 97 pathogens [33], a process mimicking the fever exhibited by a body to fight an infection. Finally, 98 workers of the ant Lasius neglectus administer antimicrobial poison inside infected cocoons to prevent 99 pathogen replication and establishment within the colony, just like the individual immune system 100 targets and eliminates infected cells from host body [34].

101 The accumulation of results supporting the parallel between individual and social immunity in 102 eusocial insects rapidly led to the adoption of the eusocial framework by researchers interested in 103 collective defences against pathogens. This adoption then fostered the claim that social immunity is 104 "necessary and essential to eusocial systems" [25] and thus, that social immunity should be considered 105 as a major and unique social parameter once eusociality has emerged [6,9,24,25].

106 **The limit of the eusocial framework** 

107 One pillar of the original eusocial framework is thus that all collective defences against pathogens 108 employed by individuals living in non-eusocial groups are not social immunity, but instead reflect non-109 derived defences such as communal disease defences and parental care [24,25]. This boundary 110 between eusocial and non-eusocial species rapidly became a major issue in deciphering the common 111 and/or separate evolutionary pathways of collective defences against pathogens across group living 112 species [7,8]. Moreover, this restriction to eusocial systems opened scope for several important 113 misconceptions concerning the link between social immunity and social evolution. For instance, it 114 might suggest that 1) reproductive division of labour is essential to allow the evolution of social 115 immunity, 2) the presence of social immunity should lower investments into individual immunity in 116 eusocial species and finally, that 3) social immunity does not have counterparts in non-eusocial species [6,9,10,24–26]. In the following part, we clarify these three misconceptions using recent empirical 117 findings and demonstrate why they call for considering social immunity as a broader phenomenon 118 119 that is not exclusive to eusocial species [7,8].

#### 120 On the importance of reproductive division of labour

121 One misconceptions possibly fostered by the eusocial framework is that the direct fitness costs of 122 performing social immunity are so high for a donor individual that they should prevent the evolution of social immunity in groups where the donors' fitness relies on their own reproduction. In other 123 words, the net benefits of performing social immunity should only be present in groups where donor 124 125 individuals forego personal reproduction, i.e. in eusocial species with reproductive division of labour 126 [25]. The first issue with this prediction is that it neglects that some forms of social immunity are not 127 only unlikely to provide significant fitness costs to donors (e.g. the use of self-produced secretion to 128 sanitize the nest, the removal of fresh corpses from the nest [6]), but may also provide direct benefits 129 to donor individuals. These direct benefits have been recently revealed in allogrooming, a textbook 130 example of social immunity [6,8]. This behaviour has long been thought to be exclusively costly for donor individuals, because it increases their risk of being exposed to the pathogens present on the 131 132 recipient individuals. In an elegant study conducted in the ant Lasius neglectus, however, Konrad et al 133 [35] demonstrated that allogrooming provides direct benefits to both recipients and donors, as it 134 allows donors to prime their own immune system and thus boost their defences against future 135 pathogen exposure. Interestingly, a follow-up study recently showed that these direct benefits are pathogen-specific in that workers immune-primed with one type of pathogen preferentially direct
their future allogrooming behaviours toward individuals infected with the same compared to a
different pathogen [36].

139 The second issue with this prediction is that it overlooks the central role of kin selection in the 140 evolution of some extreme forms of social immunity and neglects the fact that kin selection also 141 operates in groups of individuals undergoing personal reproduction [37]. This central role can be 142 illustrated by the self-exclusion of infected workers (figure 1), another textbook example of social 143 immunity reported in ants and bees [16,17]. This behaviour reflects that infected workers leave their 144 nest to die alone and thereby limit the infection of their colony members. The evolution of such a 145 behaviour typically relies on kin selection, as it becomes adaptive only if it allows the genes of the 146 sacrificed individual to be passed on to the next generation by one or more of the saved group 147 members, i.e. only if the benefactor and the beneficiaries are genetically related. Based on the same 148 reasoning, such a sacrificial behaviour could in principle evolve in subsocial (family) groups if the self-149 exclusion of infected offspring significantly improves the reproduction of their related siblings. 150 Whether such sacrifices occur in non-eusocial species is, however, unexplored so far. Overall, social 151 immunity is thus not necessarily associated with net fitness costs for donor individuals and it is 152 therefore possible for social immunity to evolve in group-living species without reproductive division 153 of labour.

#### 154 On the relaxed selection on individual immunity in eusocial species

A second misconception possibly fostered by the eusocial framework is that the emergence of social immunity should relax selection on individual immunity and thus, that individual immunity should be less efficient and/or involve a lower number of genes in eusocial compared to non-eusocial species [38,39]. The interest of this prediction resided in the fact that it was relatively easy to test empirically. Unfortunately, the results were at odds with this prediction. On one hand, physiological studies showed that antimicrobial peptides (a component of individual immunity) are more effective in 161 eusocial compared to solitary sister species in bees [40] and trips [41]. On the other hand, the recent 162 accumulation of genomic studies comparing insects with different levels of social organization reports 163 no general association between eusociality and the number and/or expression of immune-related 164 genes across ants, bees and termites (reviewed in [42]). Hence, shifting the unit of selection from 165 individual to superorganism may not affect the selection pressures exerted on individual immunity 166 [43]. Interestingly, this apparent absence of a general link between individual and social immunities 167 suggests that the emergence of social immunity does not reduce, but instead complements individual 168 defences against pathogens.

#### 169 **On the absence of social immunity in non-eusocial species**

170 A third misconception possibly fostered by the eusocial framework is that social immunity is exclusive 171 to eusocial species. A recent study, however, revealed that 11 of the 30 anti-pathogen defences found 172 in eusocial insects and classically considered as forms of social immunity [6] can also be found in non-173 eusocial insects [8] (see also [7]). For instance, the use of self-produced components with 174 antimicrobial properties as colony material is not only present in ants and termites [29,44], but has 175 been reported in nests of the wood cockroach Cryptocercus punctulatus, the European earwig 176 Forficula auricularia and the Burying beetle Nicrophorus vespilloides [45-47]. Sanitary behaviours 177 consisting in the removal of waste and feces material from the colony can also be found in several 178 non-eusocial species with high nest fidelity (reviewed in [48]), such as the subsocial cricket Anurogryllus muticus [49]. Finally, allogrooming is a behaviour frequently observed in arthropod 179 180 species where parents remain with juveniles after egg hatching (e.g. [50,51]), even if its role against 181 pathogen infection needs to be further explored.

Whereas (at least) some forms of social immunity can be present in non-eusocial insects, it is also important to stress that (at least) some forms of social immunity are not present in all eusocial insects. For instance, queens of the pharaoh ant *Monomorium pharaonic* and the wood ant *Formica paralugubris* surprisingly prefer habitats contaminated with a pathogenic fungus to establish their 186 colony [52,53], whereas the avoidance of contaminated areas is classically considered as a form of 187 social immunity in eusocial insects [6]. Similarly, experimental exposure to pathogen spores did not 188 trigger higher levels of allogrooming between workers in the ants Formica selysi and Myrmica rubra 189 [11,54], and co-founding queens of the ant Lasius niger perform only very little allogrooming and did 190 not exhibit a better resistance against pathogens when compared to solitary queens [55]. The claim 191 derived from the eusocial framework and stating that social immunity is "necessary and essential to 192 protect the entire reproductive entity and maximize its fitness" [25] should therefore be taken with 193 caution. Arguably, social immunity encompasses a great diversity of forms [6,8], so that the absence 194 of evidence for one form of social immunity should not be considered as an evidence for the absence 195 of any form of social immunity. Nevertheless, the above findings warn us on the risk to over-196 interpreting the expression of certain behaviours as social immune responses on the sole basis that 197 they are present in a eusocial species.

#### 198 What is and what is not a form of social immunity?

199 The shift from a eusocial to a group-living framework has recently generated some confusion on the 200 boundaries of social immunity, which in turn blurred our general view of its nature, evolution and 201 function across species. Here, we clear up this confusion by proposing a newly defined group-living 202 framework detailing three criteria that can be used to determine whether a given defence is a form 203 of social immunity. First, this defence should help recipient individuals to reduce their risks of infection 204 by pathogens, which refers to anything that can produce a disease such as viruses, bacteria, protozoa, prion, fungus and helminths. This encompasses all the potential steps of an infection, which include 205 206 direct contact to a pathogen, penetration, development and replication of pathogens into the 207 recipients' body and ultimately infection-derived death of the host [6,8]. The second criterion is that 208 donors and at least some of the recipients should belong both to the same species and to the same 209 social group. This excludes, for instance, all behaviours and collective processes during which 210 individuals from one species provide anti-pathogen defences to individuals from another species, as 211 commonly reported in the context of symbiosis and *cleaning symbiosis* in cleaner fishes [56]. Finally, 212 the third criterion is that the defence should be "at least partly" selected for the anti-pathogen 213 benefits it provides to the recipients. This stresses that social immunity is a target of selection and 214 cannot be a simple by-product of individual immunity. This criterion excludes all individual defences 215 that are either passively enhanced by group living (e.g. herd immunity [57]), selfishly driven by the 216 nearby presence of conspecific individuals (e.g. density-dependent prophylaxis [58]) or that only happens to limit the risk of infection of solitary individuals encountered during a life cycle, such as 217 218 during mating and/or competitive events. This third criterion also clarifies the rationale to separate the nomenclature between individual and social immunity. 219

220 Overall, these three criteria can be fulfilled 1) when group living is permanent, obligatory, 221 temporary and/or facultative and 2) in a broad range of species ranging from insects and arachnids, 222 over birds and fishes, to mammals and social microbes [7,8]. Importantly, this absence of a dichotomy 223 between eusocial and non-eusocial systems emphasizes that similar selection pressures are likely to 224 have driven the evolution of comparable forms of social immunity across group living species. For 225 instance, the evolution of the spread of feces with antimicrobial properties on nest walls by eusocial 226 workers in termites [44] is very likely to have evolved under the same selection pressures that the 227 ones selecting for the spread of feces with antimicrobial properties on nest walls by juveniles in family 228 units of burying beetles and earwigs [45,59]. To summarize, social immunity can be defined as "any 229 collective or personal mechanism that has emerged and/or is maintained at least partly due to the 230 anti-pathogen defence it provides to other homospecific group members", which is an edited 231 definition of social immunity previously formulated by Meunier [8].

#### 232 Conclusion

233 In this review, we emphasized that individuals living either in facultative/temporary groups or in 234 obligatory/permanent colonies can all perform defences against pathogens that may not only help 235 themselves, but also their group members. The presence of these defences in such a large diversity of 236 social systems recently made necessary the shift from a eusocial to a broad conceptual framework of 237 social immunity [6–8,24,25]. This shift has generated novel works using the term 'social immunity' in 238 a few subsocial insects such as the European earwig (e.g. [45,60,61]) and the burying beetle (e.g. 239 [59,62,63]). Here, we claim that it is crucial to expand these first works to a taxonomically broader 240 number of non-eusocial species. The resulting studies would first allow us to disentangle whether the 241 selection pressures favouring the emergence of social immunity have either secondarily evolved to 242 limit the inherently high risk of pathogen exposure in species with an obligatory and permanent social 243 life (i.e. some forms of social immunity derive from eusociality), or whether they remained constant 244 after the evolutionary shift from solitary to group living (i.e. social immunity is an ancestral process) 245 [7,8]. Interestingly, it would also allow testing an alternative evolutionary scenario positing that the 246 general risk of pathogen exposure for a solitary individual could have selected for the emergence of 247 group living in order to obtain an additional line of defence such as social immunity [64]. Second, a 248 taxonomically broader number of studies on social immunity would allow us exploring the potential 249 trade-off between social and individual immunity across group-living species [65] and thus shed light 250 on the dependent or independent evolutionary drivers of these two lines of anti-pathogen defences 251 across animals. For instance, it would allow us to address questions such as whether certain types of 252 pathogens are more likely to apply selection pressure onto individual instead of social immunity, or 253 whether these two lines of defences necessarily trade-off across social systems [65]. Finally, non-254 eusocial species could offer experimental opportunities that are not available in eusocial species and 255 thus allow exploration of novel factors possibly underlying the expression of social immunity. For 256 instance, a recent study in the European earwig allowed to demonstrate that the recent (but not prolonged!) social isolation of group-living adults induces a stress that specifically lowers their 257 258 resistance against pathogens, whereas comparing the effects of pathogens on necessarily-newly isolated and non-isolated individuals is often used to test for the occurrence of social immunity in eusocial insects [61]. Overall, adopting the group living framework thus opens new perspectives to explore and better understand the common and specific solutions developed by each type of social host to counteract infections and thus, to improve our general understanding of the role of pathogens in the evolution of all forms of social life. Given the comparatively large amount of works on social immunity in eusocial insects, it is now time to further explore social immunity in a larger and taxonomically broader number of non-eusocial species.

#### 266 **Conflict of interest statement**

267 The authors declare no conflict of interest.

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Figure 1 | Four classical examples of social immunity that can be found in ant colonies. (a) Two workers groom an infected nestmate (grey) to remove external pathogens. (b) A worker carries a corpse (grey) away from the nest. (c) A worker collects a piece of resin with antimicrobial properties and brings it back to its nest. (d) An infected worker (grey) isolates itself from the group to limit the risk of pathogen

414 spread. References can be found in [6,8].

### **Highlighted references**

•• [25] Cremer S, Pull CD, Fürst MA: Social Immunity: Emergence and Evolution of Colony-Level Disease Protection. *Annu Rev Entomol* 2018, 63:105–123.

- This review offers a comprehensive update on the original framework of social immunity in the eusocial insects. The authors explain the underlying factors necessary for the evolution of social immunity and illustrate why they are stratightforward in eusocial system with reproductive division of labor. They also discuss the importance to measure fitness effects of social immunity
- 419 to better understand its evolutionary role.

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#### 420 This very interesting study discusses the concept of superorganism and its importance in our

421 general understanding of social evolution, including disease defences.

•• [34] Pull CD, Ugelvig L V, Wiesenhofer F, Grasse A V, Tragust S, Schmitt T, Brown MJ, Cremer S: **Destructive disinfection of infected brood prevents systemic disease spread in ant colonies**. *eLife* 2018, **7**:1–29.

- 422 This experimental study sheds light on a novel form of social immunity in ants. In particular,
- 423 workers target infected pupae in their colony and then perforate its cuticle and administer
- 424 antimicrobial poison to prevent pathogen replication from the inside. This is argued to mimic the
- 425 immune system of a metazoan body that targets and eliminates infected cells.

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Based on an overview of the recent comparative genomic litterature, the authors shed light on the poor support to the claim that evolutionary transition to eusociality resulted in a reduction of immunity-related genes. They also emphasize the importance to standardise the methologies

- 429 used to conduct genomic analyses and to further investigate microbiota composition to better
- 430 understand the complexity of social insect immunity.

# • [55] Brütsch T, Avril A, Chapuisat M: No evidence for social immunity in co-founding queen associations. *Sci Rep* 2017, **7**:16262.

This empirical study sheds light on the fact that social immunity is not ubuiquitous among eusocial insects. In particular, the authors show that co-founding queens to not survive better to pathogenes exposure compared to solitary ones. Notably, co-founding queens also expressed very little allo-grooming and trophallaxis.

•• [64] Biedermann PH, Rohlfs M: Evolutionary feedbacks between insect sociality and microbial management. *Curr Opin Insect Sci* 2017, **22**:92–100

- 435 In this review, the authors discuss the role of microbes (including pathogens) in social evolution.
- 436 In particular, they claim that pathogens could serve as promotors of social evolution by favoring

437 cooperation between potential hosts to better fight against infections.